



Oasis Energy Solutions, LLC

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CLIENT POLICY AGREEMENT

Definitions:

Coach: A person who empathetically helps the client see the highest potential within themselves so they can call it out, and into being, in a judgment-free environment. They encourage the client to inspire themselves, in the creative process, to set visions and measurable goals that improve their thoughts, actions and beliefs, which result in optimal performance and quality of life. The coach helps the client set realistic accountability standards for themselves.

Client: A person who is solely responsible for their own physical, mental, and emotional health and well-being in all aspects. The client is open and willing to explore, create and implement their own decisions and actions, which improve their quality of life, with the guidance of a paid coaching relationship. The client is committed to taken action and hold themselves accountable.

Definition of Services:

- a. **Consult & Coach:** I empathetically help the client see the highest potential within themselves so they can call it out, and into being, in a judgment-free environment. I encourage the clients to inspire themselves, in the creative process, to set visions and measurable goals that improve their thoughts, actions and beliefs, which result in optimal performance and quality of life. I help the clients set realistic accountability standards for themselves.
- b. **Reiki Healer:** Reiki means “Spiritual Energy; “Universal Life Force;” “Chi” (vital life force energy. Reiki improves and balances energy throughout and around the body, promoting relaxation, reducing stress, and improving overall health. With the connection to God’s life-force energy and the energy of client, my hands are placed just above client’s body or gently place on client’s body to assist in the transfer of and the elevation of their energy that promotes healing.
- c. **End-of-Life Doula:** End- of-Life-Doulas guide a person and their loved ones to live the best life they can through the end-of-life season, their Grand Finale; giving everyone peace of mind so the person can pass on and their loved ones can thrive. I empathically and compassionately listen to and adhere to the wishes of the dying.

- d. **Soul Transformation Coaching:** Coaching session that sets an intention such as grief transformation, inner child healing, and other unique soul-based healing. This is tailored to the client and defined before receiving coaching.
- e. **Fireside Realm of Refinement Ceremony:** I create a fire ceremony with a fire, a guided meditation, The Story, The Release, The Acceptance, and The Renewal so clients can discover their obstacles, release bondages, accept their present experience, and find hope for their future.
- f. **Spiritual Retreat Writer and Presenter:** I listen for and receive spiritual direction from God regarding spiritual topics to write weekend retreat content. I create and present weekend retreats and spiritual teachings and studies; complete with teachings, self-care, and music that encourage clients to become spiritually alive.
- g. **Grand Final LMT:** Through this Life Management Tool eBook, Workshops, and APP, I provide clarity, preparedness, and guidance, when life happens and transitions with transformations become pivotal to stepping forward into the unknown.
- h. **Ministerial Services:** I officiate marriages, funerals. I provide premarital coaching, and Christian based coaching services.

WHY OASIS ENERGY SOLUTIONS?

It is my honor to utilize my knowledge, gifts, skills, and experiences to assist, guide and coach you to discover, confirm, regain and/or believe that you are more than what you previously thought or were told. Through a series of insightful and purposeful questions, we will start the journey.

The goal is to shed old beliefs, thought patterns and ways of doing and being, so we can focus our energy where it is most serving to your purpose and desire. My desire to help you help yourself to live fully alive for as long as you live.

COACH - CLIENT POLICY AGREEMENT**Name:** _____**Session Date:** _____**Session Time:** _____**Sessions by Appointment****How will we meet? In-Person Zoom****Coach-Client Agreement**

1. **Code of Ethics:** Coach agrees to abide by attached Code of Ethics.
2. **Confidentiality:** Client understands that ALL SESSIONS ARE CONFIDENTIAL. The only exception to this is to alert appropriate authorities if a client is a danger to themselves or others. Client understands and agrees that certain topics may be anonymously and hypothetically shared with other coaching professionals for training or consultation purposes to enhance the health of client.

3. Fees and Payments:**FEES**

Service	Rate	Unit
1. Consulting/Coaching Sessions	\$75.00	per ½ hour
2. Reiki Energy Healing Session	\$75.00	per Session (1 hour)
a. Reiki Session Written Report	\$75.00	per report
3. End-of-Life Doula Consulting	\$45.00	per 15 minutes
a. End-of-Life Doula Packages	n/a	TBD per proposal
4. Soul Transformation Coaching	\$180.00	per hour
5. Fireside Realm of Refinement Ceremony	\$150.00	per person (3 hours)
6. Intuitive Spiritual Engagement - Keynote	\$100.00	per person
a. Weekend Retreats	\$250.00	per person
	\$3000.00	(minimum per weekend)
7. Grand Final LMT	\$25.00	workbook
a. Memberships	\$25.00	monthly
b. Workshops	\$50.00	per person/per workshop
8. Ministerial Services	\$250.00	per ceremony (minimum)

PAYMENT METHODS

- a. Checks payable to Oasis Energy Solutions, LLC
- b. Cash
- c. Venmo

4. Credentials:

- a. Coach Anoka Ramsey Community College
- b. Reiki Healer Euphoric Source; Melissa Graves
- c. End-of-Life Doula International Inelda End-Of-Life Doula Association

5. Scope of Practice: Encourage people through several modalities to promote, create and live a healthy lifestyle; physically, mentally, financially, relationally, and spiritually.

6. Cancellation Policy: In honor of both the coach and the client, a 24-Hour Advanced Notice is required for all cancellations and changes to sessions. Client who no-show or do not give a 24-Hour Advanced Notice will be charged for that session. Clients who arrive late or calling late will receive their remaining scheduled time only; and will be charged for the Full Session.

7. Substance Free: Client agrees to come to session Substance Free and ready to participate, with an honest and authentic approach. If Client does not come to session Substance Free and/or Ready to Participate, the session will be cancelled, and Client understands and agrees that NO refund of Session Fees will be given. No Exceptions.

8. Fragrance Free:

9. Termination of Agreement: Coach and Client understand and agree that Client may terminate or discontinue coaching at any time. *Note Exception: Substance Free Agreement*

10. Personal Responsibility: Client understands and agrees that they are solely responsible to their own health and well-being within this coaching relationship, and is responsible for their own growth and development, through their thoughts, choices, decisions, actions, and inactions that arise from these coaching sessions.

11. Release of Liability: Client understands and agrees that coaching does not involve the diagnosis or treatment of medical or mental disorders as defined by the American Medical Association or American Psychiatric Association. Client understands that coaching is not a substitute for a medical professional or counseling, psychotherapy, psychoanalysis, mental health care or substance abuse treatment and will not use it in place of any form of diagnosis, treatment, or therapy. Client agrees to seek independent professional guidance for legal, medical, financial, business, spiritual or other matters. Client understands that all decisions in these areas are exclusively their own and acknowledge that their decisions and actions regarding them are solely their own responsibility.

a. Client guarantees that if they are currently in therapy or otherwise under the care of a medical or mental health professional, they have consulted with the medical/mental health care professional regarding the advisability of collaborating with a coach and that this person is aware of Client's decision to process with this coaching relationship.

12. Professional Relationship: Client understands that "coaching" is a Professional-Client relationship that is designed to facilitate the creation/development of personal, professional, or business goals and to develop and carry out a strategy/plan for achieving those goals.

13. Comprehensive Approach: Client understands that coaching is a comprehensive process that may involve all areas of life., including work, finances, health, relationships, education, and recreation. Client acknowledges that deciding how to handle these issues, incorporating coaching into those areas, and implementing choices is exclusively client's responsibility. Client understands and agrees with coach may collaborate with other health professionals to increase health benefits of client.

14. Release of Information: Client understands that the Coach engages, shares Client information, and collaborates with additional integrated providers and services to enhance the WHOLE health and wellness of Client.

a. **Client Agrees** _____ **b. Client Disagrees** _____

15. Entire Agreement: This document reflects the entire agreement between the Coach and the Client and reflects a complete understanding of the parties with respect to the subject matter. This Agreement supersedes all prior written and oral representations. The Agreement may be amended, altered, or supplemented only in writing by both the Coach and the Client.

16. Binding Agreement: This Agreement shall be binding upon the parties hereto and their respective successors and permissible assigns.

17. Client has read and agrees to the above Agreement.

SIGNATURE PAGE

CLIENT

Client Name: _____

Client Address: _____

Client Phone # _____

Client Email _____

Client Signature: _____

Date of Client Signature: _____

OASIS ENERGY SOLUTIONS COACH

Coach Signature: _____

Date of Coach Signature: _____